

MEETING SCRIPT

(see instructions on page 2)

WELCOME TO THE “ANY LENGTHS” **BIG BOOK STUDY MEETING** of Alcoholics Anonymous. MY NAME IS _____, I AM AN ALCOHOLIC and your meeting chair today. We meet here daily at this time to stay connected with the Fellowship and to support the daily maintenance of our spiritual condition.

Now, let us begin with a moment of silence for those who still suffer in and out of the rooms, and then together say the Serenity Prayer. *[prayer]*

[after prayer]

Would everyone now **please mute** for the rest of the meeting, except when sharing or greeting. Mute and unmute using the *microphone icon*. Also, for sharing in large meetings, it’s helpful to use the “Raise Hand” button, under “*Reactions*” on PCs and under “*More*” on tablets & phones.

And now...

_____ has kindly offered to read the [AA Preamble](#).

_____ has kindly offered to read [How It Works](#). [OR [The Twelve Traditions](#)]

Do we have any non-AA visitors? *[If yes: “We’re glad you’re here; we just ask that you listen but not participate in the sharing part of our meeting. Thank you.”]*

Is anyone here new to AA ... or, coming back to the program ... who would like to introduce themselves so we may welcome you?

Does anyone have an AA milestone or birthday they’d like to share with the group?

On Thursdays we read from the book ***Alcoholics Anonymous*** from which our fellowship was named, also commonly and fondly referred to as our AA “Big Book.” As the basic text of the AA program, we find it an invaluable resource and guide for ongoing study, both individually and at group level. Each member will read a paragraph or two and then say “pass.” Please hold all remarks until the end of the reading. I will stop the reading in time for sharing afterward, and will call on people randomly, both with and without raised hands. Please be courteous and wait until the reading has finished before raising your hand.

Who would like to begin?

[after reading]

Next we’ll discuss what we have read.

- Please do not share more than once unless everyone has had a chance to share.
- If you are driving, you’re welcome to listen in, but we ask that you share only if you are safely parked for the duration of your share.
- When sharing, please focus on *your own experience, strength and hope*.
- Please avoid crosstalk, such as giving advice, criticizing or interrupting when someone is sharing.

The meeting is now open for shares up to 3 minutes.^{*} After this you will see a “*time’s up*” image on your screen – the signal to wrap it up for the next person to share.

[script continues on next page...]

PLEASE LEAVE 3 MINUTES TO WRAP UP & CLOSE THE MEETING ON TIME

Our time for today is up. Thank you _____, today's Tech Host, _____ for Screen Sharing, our time keeper _____, and chat host, _____. Also thank [each reader] and everyone who attended..

If you have a year or more of continuous sobriety, have completed the steps, and are available to sponsor, please type your name in the chat box along with a way to contact you.

Announcements:

Are you interested in being of service or contributing to our group?

- Go to our website, any-lengths.org, to participate. Review the service roster, download the **service positions pdf**; training is available.
- **7th Tradition** contributions can be made using Zelle
- Celebrate your **AA birthdays & sobriety milestones** with us using the online form
- Submit agenda items for our business meeting, the last Saturday of each month

- *Are there any other AA-related announcements?*

As a reminder, we open up our meeting room 15-20 minutes before every meeting, and keep it open for about 15 minutes *after* each meeting - every day - for fellowship, *and* to provide a less formal setting where newcomers may feel at ease talking or asking questions. For those who stay, please be considerate, avoid gossip, and please do not discuss people who are not present. Anonymity keeps our meetings a safe place. What you hear here and who you see here, let it stay here.

Today's closing passage will be read by _____.

Now, after a moment of silence, let's unmute and close with the WE version of the Serenity Prayer.
[prayer]

Big Book Study Meeting - Chairperson Instructions	
Any Lengths AA Group – any-lengths.org	
Thank you for your service!!!	
Please log onto the meeting at least 10 minutes early	
Confirm Service Team: _____ Tech Host _____ Screen Sharer _____ Time Keeper _____ Chat Host	Request Readers: _____ AA Preamble _____ How It Works (or 12 Trads) _____ Closing Reading (pick one)
BIG BOOK STUDY:	
Maintain a reading log with page # and paragraph to resume reading next time.	
Starting page/paragraph for today's reading: _____	
Ending page/paragraph from today's reading: _____	