

# MEETING SCRIPT

(see instructions on page 2)

WELCOME TO THE “ANY LENGTHS” **STEPS & TRADITIONS STUDY** MEETING OF ALCOHOLICS ANONYMOUS. MY NAME IS \_\_\_\_\_, I AM AN ALCOHOLIC and your meeting chair today. We meet here daily at this time to stay connected with the Fellowship and to support the daily maintenance of our spiritual condition.

Now, let us begin with a moment of silence for those who still suffer in and out of the rooms, and then together say the Serenity Prayer. *[prayer]*

*[after prayer]*

Would everyone now **please mute** for the rest of the meeting, except when sharing or greeting. Mute and unmute using the *microphone icon*. Also, for sharing in large meetings, it’s helpful to use the “Raise Hand” button, under “*Reactions*” on PCs and under “*More*” on tablets & phones.

And now...

\_\_\_\_\_ has kindly offered to read the [AA Preamble](#).

\_\_\_\_\_ has kindly offered to read [How It Works](#). [OR [The Twelve Traditions](#)]

Do we have any non-AA visitors? *[If yes: “We’re glad you’re here; we just ask that you listen but not participate in the sharing part of our meeting. Thank you.”]*

Is anyone here new to AA ... or, coming back to the program ... who would like to introduce themselves so we may welcome you?

Does anyone have an AA milestone or birthday they’d like to share with the group?

On Sundays we read from the **12 Steps and 12 Traditions**, each reading a paragraph or two and then saying “pass”. I will stop the reading in time for sharing afterward. Who would like to begin?

*[after reading]*

Now let’s discuss what we have read.

- Please do not share more than once unless everyone has had a chance to share.
- When sharing, please focus on *your own experience, strength and hope*.
- Please avoid crosstalk, such as giving advice, criticizing or interrupting when someone is sharing.

As a reminder, we open up our meeting room 15-20 minutes before every meeting, and keep it open for about 15 minutes *after* each meeting - every day - for fellowship, *and* to provide a less formal setting where newcomers may feel more at ease talking, or asking questions. If questions arise for you during today's meeting, or, if you just want to stay connected for a while longer, we invite you to join us daily for "*the meeting before and after the meeting*." The meeting is now open for shares up to 3 minutes.<sup>\*</sup> After this you will see a “*time’s up*” image on your screen – the signal to wrap it up for the next person to share.

*[ \* Feel free to reduce share time if a high number of people remain in the queue to share.]*

*[script continues on next page...]*

**PLEASE LEAVE 3 MINUTES TO WRAP UP & CLOSE THE MEETING ON TIME**

Our time for today is up. Thank you \_\_\_\_\_, today's Tech Host, \_\_\_\_\_ for Screen Sharing and \_\_\_\_\_ for being our time keeper. Also thank you [*readers, daily readings*] and everyone who attended.

If you have a year or more of continuous sobriety, have completed the steps, and are available to sponsor, please type your name in the chat box along with a way to contact you.

**Announcements:**

Are you interested in being of service or contributing to our group?

- Go to our website, [any-lengths.org](http://any-lengths.org), to participate. Review the service roster, download the **service positions pdf**; training is available.
- **7<sup>th</sup> Tradition** contributions can be made using Zelle
- Celebrate your **AA birthdays & sobriety milestones** with us using the online form
- Submit agenda items for our business meeting, the last Saturday of each month
  
- Are there any other AA-related announcements?

If you have time to chat or have questions, stay on after we close the meeting for about 15 minutes of fellowship and informal conversation. Please focus *first* on helping newcomers; be considerate, avoid gossip, and please do not discuss people who are not present. Anonymity keeps our meetings a safe place. What you hear here and who you see here, let it stay here. And remember, someone will be here to open up early tomorrow too.

Today's closing passage will be read by \_\_\_\_\_.

Now, after a moment of silence, let's unmute and close with the WE version of the Serenity Prayer. [*prayer*]

<p><b>12 Steps &amp; 12 Traditions Meeting - Chairperson Instructions</b>                  Any Lengths AA Group – <a href="http://any-lengths.org">any-lengths.org</a>  <b>Thank you for your service!!!</b>                  Please log onto the meeting at least 10 minutes early</p>	
<p><b>Confirm Service Team:</b></p> <p>_____ <b>Tech Host</b>                  _____ <b>Screen Sharer</b>                  _____ <b>Time Keeper</b></p>	<p><b>Request Readers:</b></p> <p>_____ <b>AA Preamble</b>                  _____ <b>How It Works (or 12 Trads)</b>                  _____ <b>Closing Reading (pick one)</b></p>
<p><b>STEP MEETING – EVERY SUNDAY EXCEPT THE LAST SUNDAY OF THE MONTH:</b>                  Maintain a reading log for page # to resume reading the STEPS -- <i>12 Steps &amp; 12 Traditions</i>.</p> <p style="text-align: center;">Starting page for 12x12 reading: _____</p>	
<p><b>TRADITION MEETING – LAST SUNDAY OF THE MONTH</b>                  Read entire tradition chapter: JAN, Tradition 1; FEB, Tradition 2; MAR, Tradition 3, etc.</p>	